

2023 Coaches Long Course - Facility Map

Rockville Swim & Fitness Center, 350 Martins Lane, Rockville, MD 20850

- Facility opens at 4:30 pm. Meet starts at 6:00 pm.
- There will be a 20 minute break after the conclusion of the backstroke events. The pool will be open for warm up during this period.
- Hall of Fame presentations will be made during the halftime break.
- Marshals should report by 5:00 pm.
- Timers and officials should check in no later than 5:15 pm for 5:30 pm briefings. The timer briefing will be held on the hill near the start area. The official's briefing will be held in hospitality (upstairs).

